

Living Hope Women's Class
Breakthrough in Prayer
Confession/ Repentance

Does God WANT to answer our prayers?
What keeps our prayers from being answered?
What has unplugged the power?

D&C 1:5f

for I the Lord cannot look upon sin with the least degree of allowance; nevertheless, he that repents and does the commandments of the Lord shall be forgiven;

Jim Cymbala says things that block God's power and answers to prayer are:

- Unconfessed sin
 - Disobedience
 - Things we cling to that we know are wrong

D&C 18:2k *wherefore, I command you again to repent, lest I humble you by my almighty power, and that you confess your sins, lest you suffer these punishments of which I have spoken, of which in the smallest, yea, even in the least degree, you have tasted at the time I withdrew my Spirit.*

Is it enough to say, "Lord, forgive me of my sins"?

Barbara Wilkinson suggests:

This is an exercise in honesty. We need to take a good hard look at our life and our need to realize God knows it anyway, but he also knows the best about us, too.

DC 64:2b *... but verily I say unto you, I, the Lord, forgiveth sins unto those who confess their sins before me, and ask forgiveness, who have not sinned unto death.*

In the Lord's Prayer

Matthew 6:13

And forgive us our trespasses, as we forgive those who trespass against us.

We cannot be forgiven our sins if we do not forgive those who have sinned against us. Many people believe this is dependent on the other person asking for forgiveness. This is not scriptural. Our job is to forgive.

Notes from

Breakthrough Prayer by Jim Cymbala

Chapter 1 Unblocking Blessings

1st secret - Ask in prayer for an out pouring of God's favor. Pray fervent heartfelt prayer.

2nd - Learn to know God through the scriptures and pray using the Word of God as a standard.

3rd - Practice obedience through faith. Do not tolerate sin in your life. Sin will keep your prayers from doing no more than bouncing off the ceiling.

4th - God gives to those who are giving of themselves. Pay your tithing, take care of the poor, the widows, etc.