

RECAP for CLASS on 2/14/10

Dear Ladies,

Just to recap our class on 2/14, we talked mostly about how the Holy Spirit can teach us to pray. [See the attached scriptures.](#)

I shared my testimonies of how the Lord has been teaching me to pray.

In one situation, He led me and a couple others to pray only prayers of praise. We were praying during a whole summer for a certain reason, but the Lord's spirit was not evident when we prayed FOR anything. When we praised Him for all He had already brought to pass and trusted Him for what was to come, His spirit came and we saw amazing things happen.

This last year, I have been learning a little about what the scripture from Romans 8 means.

[Romans 8:26](#) Likewise the Spirit also helpeth our infirmities; for we know not what we should pray for as we ought; but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

[Romans 8:27](#) And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God.

When I run out of words, I just connect my heart with God through praise and adoration and He knows my heart, my needs, desires, etc. It seems like those kind of prayers are even more powerful than the spoken ones

We also watched Session 2 of the Jim Cymbala series on *When God's People Pray*. He talked about how the Holy Spirit will teach us to pray if we allow Him to. It was excellent. If you missed class and would like to see the video, please let me know. He shared a testimony about a sermon the Lord led him to preach called *My House Shall Be Called A House of Prayer*. If you would like to hear this sermon click on this link. [tp://www.youtube.com/watch?v=U79YOKje2zU](http://www.youtube.com/watch?v=U79YOKje2zU)

t the end of class we talked about beginning small prayer groups. I also shared my testimony of having a vision of this in our congregation. [See the attached link : Women in Prayer and Praise](#). One group that has already begun meets at 7 a.m. on Thurs. mornings at Living Hope. All are welcome. If you are interested in meeting for prayer, please think about your schedule and when you can meet. Hopefully, we can form several groups that will work for most people. (Feel free to email me with your available times : sbstayton87@yahoo.com)

We also decided to keep the same prayer partners for this week. It would be nice to connect with them sometime during the week to let them know you are holding them up in prayer. Let me know if you do not have a prayer partner and I will try to hook you up with someone!

I am excited by the testimonies and the possibilities. I believe the Lord is seeking a group of women willing to seek Him in a more meaningful way. Thank you for all of your prayers and support. I have been blessed by your enthusiasm and testimonies!

Next week's class will be on Intercession by Sherri Macomber. Please keep her in your prayers. Looking forward to seeing you all there!

Your Sister in Christ,

Becky Stayton