

**RECAP for CLASS on 2/28/10**

Dear Sisters,

March 4, 2010

The class on Feb 28th was taught by Sherri Macomber. She continued her testimony of her life and experience with intercessory prayer.

A few years ago, Sherri was led to buy a second hand typewriter with no knowledge of what she was to do with it. In going to a counselor to help her with some issues in her life, she was told she needed to let go of memories in her life that still gave her pain. These hurts were not allowing her to go forward. She realized that if she still had a negative emotion connected to a memory, she hadn't really been able to forgive and give it over to the Lord.

She got out her typewriter and typed out all of the things that gave her pain, starting with her earliest memories. She was able to admit the feelings she had, then give those feelings and memories over to Jesus to heal. It was a very emotional but freeing experience for her.

At one point, someone had given her the book *The Power of a Praying Wife* by Stormie Omartian. After someone else recommended this book to her, she decided to take a look at it. She was very impressed by what she read and decided to put it to the test.

Sherri rewrote some of the prayers in the book (that are composed almost entirely from scriptures) to fit her circumstances. She typed these up and used them to help her focus her prayers each night. She also included prayers for her children and grandchildren from Stormie's other book *The Power of a Praying Parent*.

There was not an immediate transformation. It took a long time, but she did not give up. She prayed for at least a couple of years. She went through many trials and struggles but remained faithful in her prayers. It took a long time, but she says all of her prayers have been answered. Just this last summer and fall the last pieces fell into place. She and her husband have had a huge healing in their lives, and their marriage is better than when they first married.

One key to intercessory prayer is praying what you know God wants for others. If it's a promise in the scriptures, you are pretty safe in knowing it is His will. Another key is to keep praying! Don't give up! It may take a while for the answer to come. Don't get discouraged.

This next week, Sherri plans to share with us more information about intercessory prayer and some books that have helped her.

If you are like me, and have wondered, "What IS intercessory prayer?" I have included an attachment that has helped me understand it better.

See you Sunday!

Love in Christ,  
Becky Stayton

P.S. There are now two weekly women's prayer groups at the church. Tuesday 7 p.m. in the first classroom and Thursday 7 a.m. in the senior high classroom (on the north side of the stage). All are invited and welcome!