

# Women in Prayer and Praise

Matthew 18:20

For where two or three are gathered together in my name, there am I in the midst of them.

We are all busy. If necessary, limit yourselves to one hour and stick to it. Come in the attitude of worship, prayer and praise. There will be time to share concerns through prayer. Try not to damage the spirit with chit-chat, complaining or gossip.

**1.** Begin with worship: scriptures, songs, prayers of praise and worship  
[Psalms 9:1-2](#) I will praise thee, O Lord, with my whole heart; I will show forth all thy marvelous works. I will be glad and rejoice in thee; I will sing praise to thy name, O thou Most High.

**2.** Confession: Spend some time asking the Lord to forgive you of sins that would stand in the way of blessings. "Clear the slate."  
[II Chronicles 7:14](#) If my people which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

**3.** Thanksgiving for answered prayers and for what He is continuing to do.  
[Psalms 100:4](#) Enter into his gates with thanksgiving, and into his courts with praise; be thankful unto him, and bless his name.

[Psalms 95:2](#) Let us come before his presence with thanksgiving, and make a joyful noise unto him with psalms.

**4.** Intercession: Use scriptures to focus on a particular need. Pray for husbands, families, priesthood, youth, congregation, those that know not God... Pray together in agreement, claiming God's promises in the scriptures.

[Hebrews 10:23](#) "Let us hold fast the profession of our faith without wavering; for he is faithful that promised."

[Alma 4:6](#) Nevertheless the children of God were commanded that they should gather themselves together oft, and join in fasting and mighty prayer, in behalf of the welfare of the souls of those who knew not God.

Make sure you journal your prayers and the answers to see the mighty hand of God at work!!